

## WELLNESS WITH BENEFITS.

Get rewarded with up to \$240 in Gift Cards towards groceries, restaurants, clothing, gas and much more – all for participating in healthy activities through ActiveFit+.





You spend your days taking care of others, now get rewarded for taking care of yourself.

Our ActiveFit+ wellness platform was built for you, with a flexible approach to getting rewarded for healthy activities, including:

- Visiting an approved fitness facility
- Walking 7,000 steps a day
- Submitting an ActiveFit@Home™ Workout
- Personalized Movement Health for pain relief
- MyCarePath expert-guided courses on stress relief, financial wellness, mental health, GLP-1 support & more



\*Please note that only employees of KenCrest who are 18 years and older and are enrolled in an Aetna medical plan may participate.

Participation in the program is easy and done through the ActiveFit+ mobile app which tracks gym visits, uploads steps, encourages home workouts, and validates physical activity.

Scan here to enroll:

