

ACTIVITY CLUB

The Activity Club is an informal social club for all people whom we support. The participants and staff generate the ideas for monthly activities. Past activities include bowling, dances, arts & crafts, breakfasts, lunches, and coffee gatherings, to name just a few.



CONTACT US

For more information on KenCrest's Community-Based Services please contact:

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For referrals send to:
inhomesupport@kencrest.org

Or visit our website: [www.kencrest.org/
community-based-services](http://www.kencrest.org/community-based-services)

KenCrest Corporate Office:
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OUR MISSION STATEMENT

KenCrest supports community development by exploring possibilities, mobilizing resources, and empowering dreams.

COMMUNITY BASED SERVICES



610-941-7012 • www.kencrest.org



FRIENDSHIPS GROWS HERE

KenCrest provides community-based services to individuals residing in CLA's outside of Kencrest and with their families in Bucks, Montgomery, Philadelphia, Delaware, and Chester counties in Pennsylvania. These supports include habilitation services, companion care, respite services, community participation opportunities, and specialized skill development: community support. Details of each service can be found below.

INDIVIDUALIZED SUPPORT

We design a customized program for each of our supported clients based on their needs and the goals they want to achieve. KenCrest uses the philosophy of person-centered planning and works with the person and his/her team to create a plan that is unique to them. We focus on each person's growth, personal fulfillment, and individual choices and desires. We aim to have each person make meaningful contributions and feel connected to their community.

Supports include, but are not limited to:

- Acquiring, maintaining, or improving a particular skill such as computer skills, personal care, money skills, or personal safety skills
- Socialization – being more connected to local community, joining social groups, and volunteering
- Learning how to navigate community/use public transportation
- Healthy living – participating in an exercise routine and making healthy eating choices
- Meal planning – shopping, meal prep, following a recipe, and cooking
- Participating in KenCrest's Meaningful Life initiative

SERVICES WE PROVIDE

- **In Home & Community Supports:** Aid people in learning and acquiring daily living skills that improve the quality of their life, support their family unit, and help them to become more involved members of their community.
- **Companion care:** Support people with their daily activities or simply accompany them in the community.
- **Respite services:** Provide a break for the family from having to care for their loved one. Also provide a break for the supported person from working on a particular skill or activity to just enjoy some down time.
- **Community participation opportunities:** Enable people to explore interests, hobbies, and activities in their communities that may help lead them to employment opportunities. We offer these services in a one-on-one setting.
- **Specialized skill development – community support:** Support people who are 21 years of age or older living with autism to navigate and participate in their community in a manner that enhances their skills and independence. This service is provided through the Adult Autism Waiver program.

