

## **Frequently Asked Questions about Supported Independent Living**

### **Q: Can I move into the Supported Living Program if I already live in another KenCrest Program?**

**A:** Yes. Living in a Community Living Home or Life Sharing does not mean you cannot be considered for the Supported Living Program. At the time you moved into your current living arrangement, it was the right fit for you at the time. Over time, people's desires and needs may change and they consider living in a more independent environment. If you are interested in moving to a more independent living situation, talk with your current support team about it and have them make a referral.

### **Q: How do I know if the Supported Independent Living Program is right for me?**

**A:** We do an initial assessment that asks questions about your level of skills in different areas we believe will help you to be successful in living independently in your community. If there is a specific area where you need support, we put supports in place to help you work toward increased independence in that particular area(s).

### **Q: Where would I live if I chose the program?**

**A:** Here at KenCrest when we accept a new person in our program, we look for an apartment based on your preferences such as what community you would like to live in. We work with a realtor to help locate available apartments and you will have the opportunity to visit available apartment and decide with your team if it is a fit for you. KenCrest will apply for apartments based on your feedback.

### **Q: How long will it take for me to move into my apartment?**

**A:** The length of time it takes for someone to move into their apartment varies. From the time a participant is accepted into the program, it can take up to 4 months to search for and find the right apartment for you. This is due to the dependency on the availability of apartments in the area you want to live and working with private landlord and/or leasing companies who would like to partner with KenCrest to lease an apartment.

### **Q: Who pays for my apartment?**

**A:** When becoming a part of the program KenCrest will lease the apartment and you will be the tenant. The cost of the apartment is paid through a room and board contract or room only contract that you would sign with KenCrest. Q: What does my room and board cover?

Your room and board covers your portion of the rent, food costs, housekeeping and laundry costs as well as most utility costs. You are asked to pay towards your cable amount. That amount changes with

what your package or channel selection is and we have a cable agreement that informs you of your portion of the payment.

**Q: What kind of support will I have once I am on my own?**

**A:** In our program, you are never 'on your own.' You will have a support team to help you as you move in and throughout your time in the program. You will have a support team that consists of a Program Supervisor and/or Program Manager and a Personal Outcome Champion in addition to any other natural supports you wish to have as a part of your team. This support team will help you work toward the goals and outcomes you spoke about when you started the process of coming into the Supported Independent Living program.

In addition to support from your team, we provide:

- Support with attending medical appointments
- Focused, individual support on goals of your choice for a Meaningful life
- Transportation to help you access your community
- Household support
- Support with grocery shopping
- After hours on-call support