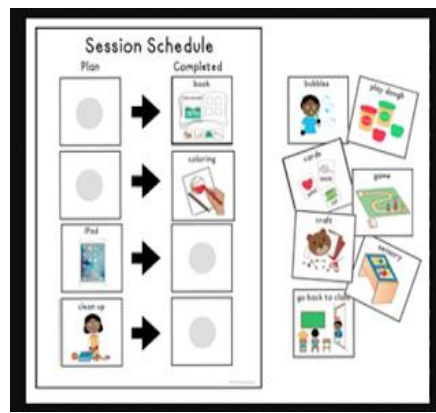**Enabling Technology**, sometimes referred to as assistive technology, describes a diverse range of devices that promote access and independence across a person's day. Enabling technologies include home sensors, smart speakers, mobile device applications, communication systems, adapted tools, positioning equipment and much more. Enabling technologies can be categorized by cost and complexity as described below:
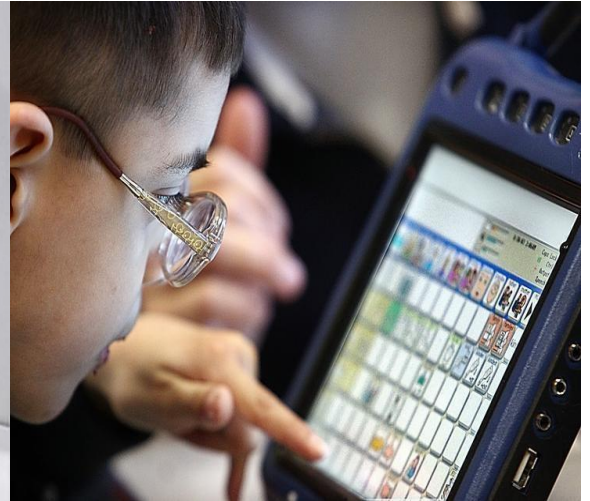
Low Tech: inexpensive, easy to learn, readily available, simple to make and/or replace

- **Mid-Tech**: requires some training, may need personalization, needs accessories like power support

- **High-Tech**: more costly, customized, requires training support and/or maintenance

KenCrest's Enabling Technology department is available to help you navigate this wonderful world. All you need to do is share the challenge; we can assist with the rest!

Contact us today: **enablingtechassessment@kencrest.org**